



# MICHAEL ANDERSON

## Senior Faith-Based Counselor

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### SUMMARY

Distinguished Faith-Based Counselor with over a decade of experience in providing holistic support and guidance to individuals navigating personal and spiritual crises. Adept at fostering environments conducive to healing and growth, utilizing a combination of evidence-based practices and faith-centered approaches. Proven track record in developing and implementing counseling programs that integrate psychological principles with theological insights, thereby enhancing the overall well-being of clients.

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### WORK EXPERIENCE

#### Senior Faith-Based Counselor Grace Community Services

Jan 2023 - Present

- Provided individual and group counseling sessions focusing on spiritual and emotional well-being.
- Developed and facilitated workshops on mental health awareness and resilience.
- Collaborated with clergy to create comprehensive support systems for parishioners.
- Utilized assessment tools to tailor counseling strategies to individual needs.
- Monitored client progress and adjusted treatment plans accordingly.
- Participated in community outreach programs to promote mental health resources.

#### Faith-Based Counselor Hope Haven Counseling Center

Jan 2020 - Dec 2022

- Conducted intake assessments to evaluate client needs and establish counseling goals.
  - Implemented faith-integrated therapeutic techniques to address psychological concerns.
  - Provided crisis intervention services during emergencies, ensuring client safety.
  - Facilitated support groups for individuals dealing with grief and loss.
  - Maintained detailed case notes and documentation in compliance with regulatory standards.
  - Engaged in ongoing training to enhance counseling skills and incorporate new methodologies.
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### EDUCATION

#### Master of Divinity, Theology and Counseling, Liberty University

Sep 2019 - Oct 2020

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### ADDITIONAL INFORMATION

- **Technical Skills:** Crisis Intervention, Spiritual Counseling, Program Development, Client Assessment, Workshop Facilitation, Community Outreach
- **Awards/Activities:** Developed a community-wide mental health initiative that increased access to counseling services by 30%.
- **Awards/Activities:** Recognized as 'Counselor of the Year' by the National Association of Faith-Based Counselors.
- **Awards/Activities:** Authored a publication on integrating faith and mental health in counseling practices.
- **Languages:** English, Spanish, French