



MICHAEL ANDERSON

Wellness Program Manager

Dedicated Employee Wellness Program Manager with a robust background in employee assistance programs and a focus on enhancing workplace well-being. Expertise in designing and implementing holistic wellness strategies that address physical, emotional, and mental health. Proven ability to assess organizational needs and develop tailored solutions that foster a supportive work environment.

WORK EXPERIENCE

Wellness Program Manager

2020-2023

Wellness Forward

- Managed the strategic direction of wellness programs to enhance employee satisfaction.
- Collaborated with HR to align wellness initiatives with organizational culture.
- Conducted workshops and training to raise awareness about mental health resources.
- Utilized employee feedback to continuously improve program offerings.
- Facilitated health screenings and assessments to identify employee needs.
- Tracked participation metrics to evaluate the success of wellness initiatives.

Employee Assistance Program Coordinator

2019-2020

Supportive Solutions Inc.

- Developed and implemented employee assistance programs that increased utilization rates.
- Provided training for supervisors on recognizing employee wellness issues.
- Coordinated with mental health professionals to provide resources for employees.
- Organized wellness events to promote healthy lifestyles.
- Evaluated program outcomes and reported to executive leadership.
- Promoted a culture of well-being through effective communication strategies.

ACHIEVEMENTS

- Increased employee satisfaction scores by 25% through enhanced wellness programs.
- Recognized for outstanding contributions to workplace mental health initiatives.
- Successfully implemented a wellness ambassador program to promote engagement.

CONTACT

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EDUCATION

Bachelor of Science in Psychology

University of California
Los Angeles

SKILLS

- employee assistance programs
- wellness strategy
- communication
- training
- needs assessment
- program evaluation

LANGUAGES

- English
- Spanish
- French