



MICHAEL ANDERSON

Senior Wellness Coordinator

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SUMMARY

Dynamic Employee Wellness Program Manager with over a decade of experience in designing and implementing comprehensive wellness initiatives that promote employee health and well-being. Proven expertise in utilizing data-driven approaches to assess program effectiveness and drive continuous improvement. Skilled in fostering a culture of wellness through strategic partnerships and effective communication.

WORK EXPERIENCE

Senior Wellness Coordinator Global Tech Solutions

Jan 2023 - Present

- Developed and executed wellness programs tailored to diverse employee needs.
- Conducted health risk assessments and analyzed data to inform program adjustments.
- Collaborated with HR to integrate wellness initiatives into employee onboarding.
- Facilitated workshops and seminars on stress management and nutrition.
- Monitored and reported on program participation and health outcomes.
- Enhanced organizational culture through health promotion campaigns.

Wellness Program Specialist HealthFirst Inc.

Jan 2020 - Dec 2022

- Implemented corporate wellness strategies that increased employee participation by 40%.
 - Managed vendor relationships to ensure high-quality wellness services.
 - Designed communication materials to promote wellness initiatives.
 - Conducted focus groups to gather feedback on wellness programs.
 - Evaluated program effectiveness through employee surveys and health metrics.
 - Advocated for mental health awareness through targeted initiatives.
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EDUCATION

Master of Public Health, University of California, Berkeley

Sep 2019 - Oct 2020

ADDITIONAL INFORMATION

- **Technical Skills:** wellness program management, health promotion, data analysis, stakeholder engagement, communication, strategic planning
- **Awards/Activities:** Increased employee engagement in wellness programs by 50% within two years.
- **Awards/Activities:** Received the 'Excellence in Wellness' award from the National Wellness Institute.
- **Awards/Activities:** Successfully reduced healthcare costs by 15% through strategic wellness initiatives.
- **Languages:** English, Spanish, French