

# MICHAEL ANDERSON

Corporate Nutrition Advisor

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Results-oriented Employee Wellness Nutritionist dedicated to enhancing employee health and well-being through strategic nutrition initiatives. Extensive experience in designing and executing nutrition programs that cater to diverse organizational needs. Expertise in conducting nutritional assessments and delivering targeted education to empower employees towards healthier lifestyle choices. Proven ability to engage stakeholders and collaborate with cross-functional teams to implement effective wellness strategies.

## WORK EXPERIENCE

### Corporate Nutrition Advisor | Wellness Dynamics Group

Jan 2022 – Present

- Developed comprehensive nutrition programs for over 900 employees.
- Conducted health assessments and personalized nutrition consultations.
- Facilitated workshops that increased employee knowledge of healthy eating by 40%.
- Collaborated with HR to align wellness initiatives with corporate policies.
- Evaluated program success through data analysis and employee feedback.
- Provided ongoing resources and support to encourage sustained health improvements.

### Nutrition Program Coordinator | Health and Wellness Solutions

Jul 2019 – Dec 2021

- Implemented nutrition education programs for a diverse workforce.
- Organized health fairs that promoted nutrition and wellness resources.
- Conducted group workshops that improved dietary knowledge and engagement.
- Developed a nutrition resource library for employee access.
- Collaborated with healthcare providers to enhance program offerings.
- Monitored program impact and made adjustments based on feedback.

## SKILLS

Nutrition Program Development

Employee Engagement

Health Assessments

Data Analysis

Collaboration

Communication

## EDUCATION

### Bachelor of Science in Nutrition

2014

University of Washington

## ACHIEVEMENTS

- Increased employee participation in wellness programs by 45% within the first year.
- Awarded 'Outstanding Wellness Program' by the Corporate Wellness Association.
- Achieved significant improvements in employee health metrics, including weight loss and improved dietary habits.

## LANGUAGES

English

Spanish

French