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SKILLS

- Nutrition Consulting
- Employee Engagement
- Health Education
- Program Evaluation
- Community Outreach
- Workshop Facilitation

EDUCATION

MASTER OF SCIENCE IN NUTRITION AND DIETETICS, UNIVERSITY OF TEXAS, 2015

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Increased program participation rates by 40% within the first year.
- Awarded 'Best Corporate Wellness Program' by the National Wellness Council.
- Achieved significant improvements in employee health metrics, including weight loss and improved dietary habits.

Michael Anderson

NUTRITION WELLNESS COACH

Dedicated Employee Wellness Nutritionist with extensive experience in corporate wellness and community health initiatives. Specializes in developing nutrition programs that promote healthy lifestyle choices and enhance employee productivity. Proven success in creating engaging educational content and facilitating workshops that inspire employees to improve their dietary habits. Strong analytical skills enable thorough assessment of health data and program effectiveness.

EXPERIENCE

NUTRITION WELLNESS COACH

Wellness Dynamics Inc.

2016 - Present

- Designed and implemented nutrition programs for a workforce of over 600 employees.
- Conducted health assessments and personalized nutrition consultations.
- Facilitated group workshops that improved employee dietary knowledge by 50%.
- Collaborated with management to align wellness initiatives with corporate goals.
- Utilized feedback surveys to enhance program offerings.
- Developed a monthly wellness newsletter highlighting nutrition tips.

HEALTH PROMOTION SPECIALIST

Community Wellness Organization

2014 - 2016

- Developed and executed community-based nutrition programs.
- Engaged with local businesses to promote employee wellness initiatives.
- Organized health fairs and educational seminars on nutrition.
- Conducted evaluations to measure program success and employee satisfaction.
- Provided resources and support for long-term health improvements.
- Collaborated with healthcare providers to expand program reach.