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EXPERTISE SKILLS

- Nutrition Education
- Program Development
- Employee Engagement
- Health Screenings
- Digital Health Solutions
- Community Partnership

LANGUAGES

- English
- Spanish
- French

CERTIFICATION

- Master of Public Health, Nutrition Concentration, University of Michigan, 2016

REFERENCES

John Smith

Senior Manager, Tech Corp
john.smith@email.com

Sarah Johnson

Director, Innovation Labs
sarah.j@email.com

Michael Brown

VP Engineering, Solutions Inc
mbrown@email.com

MICHAEL ANDERSON

LEAD NUTRITION STRATEGIST

Dynamic Employee Wellness Nutritionist with a profound commitment to enhancing organizational health through evidence-based nutrition strategies. Extensive experience in assessing employee health needs and developing targeted wellness programs that promote sustainable lifestyle changes. Recognized for exceptional communication skills and the ability to inspire others to adopt healthier eating habits. Proficient in leveraging technology and nutrition science to create engaging educational content and resources.

PROFESSIONAL EXPERIENCE

FitLife Enterprises

Mar 2018 - Present

Lead Nutrition Strategist

- Developed a multi-tiered nutrition program impacting over 800 employees.
- Implemented a digital platform for wellness tracking and engagement.
- Conducted health screenings and nutrition assessments to personalize employee wellness plans.
- Facilitated interactive workshops that increased nutrition knowledge by 60%.
- Collaborated with local farms to provide fresh produce to employees.
- Monitored and reported on program effectiveness to senior leadership.

Corporate Wellness Group

Dec 2015 - Jan 2018

Nutrition Consultant

- Designed tailored nutrition programs for diverse employee populations.
- Provided one-on-one coaching to employees seeking dietary improvements.
- Organized health fairs and nutrition seminars that attracted over 300 participants.
- Utilized surveys to assess employee health needs and program satisfaction.
- Collaborated with HR to integrate nutrition into corporate wellness policies.
- Produced monthly newsletters highlighting nutrition tips and success stories.

ACHIEVEMENTS

- Increased employee participation in wellness programs by 45% in one year.
- Received the 'Innovative Nutrition Program Award' from the National Wellness Board.
- Achieved a 30% reduction in obesity rates among participating employees.