



MICHAEL ANDERSON

Senior Nutrition Consultant

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SUMMARY

Esteemed Employee Wellness Nutritionist with over a decade of experience in the design and implementation of comprehensive nutrition programs aimed at enhancing employee well-being and productivity. Expertise lies in assessing nutritional needs, developing tailored wellness initiatives, and fostering a culture of health within organizations. Proven track record in collaborating with healthcare professionals and stakeholders to deliver impactful nutrition education and support.

WORK EXPERIENCE

Senior Nutrition Consultant Wellness Innovations Inc.

Jan 2023 - Present

- Developed and implemented nutrition programs for over 500 employees.
- Conducted comprehensive nutritional assessments and personalized dietary plans.
- Facilitated workshops on nutrition and healthy eating habits.
- Collaborated with HR to integrate wellness initiatives into employee benefits.
- Utilized analytics to measure program impact on employee health metrics.
- Provided ongoing support and resources to employees for sustained health improvement.

Nutrition Program Coordinator HealthFirst Solutions

Jan 2020 - Dec 2022

- Designed nutrition workshops and health fairs for employee engagement.
 - Managed a team of nutritionists to deliver quality wellness services.
 - Evaluated employee feedback to enhance program offerings.
 - Developed partnerships with local health providers for employee resources.
 - Implemented a nutrition tracking app that increased participation by 30%.
 - Presented findings to senior management to secure ongoing funding for wellness initiatives.
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EDUCATION

Master of Science in Nutrition, University of California, 2014

Sep 2019 - Oct 2020

ADDITIONAL INFORMATION

- **Technical Skills:** Nutritional Assessment, Program Development, Data Analysis, Employee Engagement, Health Education, Workshop Facilitation
- **Awards/Activities:** Increased employee participation in wellness programs by 40% within two years.
- **Awards/Activities:** Recognized as 'Employee Wellness Advocate of the Year' by the National Wellness Association.
- **Awards/Activities:** Successfully reduced the company's healthcare costs by 15% through targeted nutrition initiatives.
- **Languages:** English, Spanish, French