



MICHAEL ANDERSON

Senior Care Assistant

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SUMMARY

Compassionate and experienced Elderly Home Caregiver with a proven track record of delivering exceptional care to senior clients. Expertise in providing personalized support tailored to individual needs, ensuring a dignified and comfortable living environment. Proficient in managing daily activities, medication schedules, and emotional well-being of clients. Strong background in collaborating with healthcare professionals to develop comprehensive care plans.

WORK EXPERIENCE

Senior Care Assistant Golden Years Home Care

Jan 2023 - Present

- Delivered specialized personal care services to clients, enhancing their daily living.
- Administered medications and monitored health conditions, ensuring compliance with prescribed care.
- Developed and maintained individualized care plans in collaboration with family members and healthcare teams.
- Assisted clients with mobility and transportation needs, fostering independence.
- Implemented engaging activities to promote cognitive function and emotional well-being.
- Maintained accurate documentation of care provided and communicated effectively with stakeholders.

Home Health Aide Comfort Care Services

Jan 2020 - Dec 2022

- Provided compassionate care to elderly clients, focusing on physical and emotional support.
 - Assisted with daily living activities including bathing, dressing, and meal preparation.
 - Conducted regular assessments of client conditions and reported changes to healthcare professionals.
 - Coordinated social activities to enhance client engagement and reduce isolation.
 - Trained and mentored new staff on best practices in elderly care.
 - Ensured compliance with health and safety regulations, maintaining a secure environment.
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EDUCATION

Certified Nursing Assistant (CNA), Community College of Nursing

Sep 2019 - Oct 2020

ADDITIONAL INFORMATION

- **Technical Skills:** Compassionate care, Medication management, Patient advocacy, Health monitoring, Care plan development, Communication skills
- **Awards/Activities:** Awarded 'Employee of the Month' for outstanding client feedback and care quality.
- **Awards/Activities:** Successfully reduced client hospital readmission rates by 20% through effective monitoring.
- **Awards/Activities:** Recognized for implementing a new activity program that improved client engagement.
- **Languages:** English, Spanish, French