



Michael ANDERSON

DIRECTOR OF NUTRITION SERVICES

Strategic Elder Nutrition Program Manager with extensive experience in health promotion and disease prevention for older adults. Proficient in designing and executing nutrition programs that address the multifaceted needs of seniors, including chronic disease management and food insecurity. Demonstrated expertise in program evaluation and quality improvement methodologies. Strong leadership capabilities, with a focus on building high-performing teams that deliver impactful services.

CONTACT

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SKILLS

- Program Evaluation
- Leadership
- Community Health
- Nutritional Interventions
- Grant Writing
- Team Development

LANGUAGES

- English
- Spanish
- French

EDUCATION

**MASTER OF PUBLIC HEALTH,
EMPHASIS IN NUTRITION, HARVARD
UNIVERSITY**

ACHIEVEMENTS

- Received the National Public Health Award for excellence in nutrition programming.
- Developed a mentorship program for aspiring nutrition professionals.
- Improved health outcomes through innovative meal planning strategies, evidenced by a 30% decrease in hospital admissions.

WORK EXPERIENCE

DIRECTOR OF NUTRITION SERVICES

Senior Health Alliance

2020 - 2025

- Directed nutrition services, impacting over 10,000 seniors across multiple counties.
- Implemented evidence-based interventions to reduce malnutrition rates among seniors.
- Collaborated with healthcare providers to integrate nutrition into patient care plans.
- Developed grant proposals that secured funding for innovative nutrition initiatives.
- Facilitated training for over 100 staff on geriatric nutrition.
- Increased program participation by 60% through effective marketing strategies.

NUTRITION PROGRAM COORDINATOR

Elderly Nutrition Project

2015 - 2020

- Coordinated meal delivery services for homebound seniors, ensuring dietary needs were met.
- Conducted nutritional assessments for clients to tailor meal plans effectively.
- Managed partnerships with local vendors for food sourcing and service delivery.
- Organized community health fairs to promote nutrition awareness.
- Utilized client feedback to enhance service offerings and program quality.
- Increased client satisfaction scores by 40% through program improvements.