

MICHAEL ANDERSON

Nutrition Outreach Coordinator

- San Francisco, CA
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Proficient elder community outreach officer with a focus on nutrition and wellness for the elderly. Expertise in designing and implementing nutrition programs that enhance health outcomes for seniors. A results-driven professional with a strong background in health education and community service. Skilled in conducting workshops and seminars that promote healthy eating habits among older adults.

WORK EXPERIENCE

Nutrition Outreach Coordinator | Senior Nutrition Program

Jan 2022 – Present

- Designed nutrition education programs that increased awareness of healthy eating.
- Conducted cooking demonstrations to promote healthy meal preparation among seniors.
- Collaborated with local farms to provide fresh produce to elderly participants.
- Organized health fairs focused on nutrition and wellness for the elderly.
- Evaluated program effectiveness through participant feedback and health outcomes.
- Trained volunteers to assist in delivering nutrition workshops.

Health Education Specialist | Community Elder Care Association

Jul 2019 – Dec 2021

- Developed educational materials on nutrition and healthy aging.
- Facilitated workshops on meal planning and budgeting for seniors.
- Engaged with local healthcare providers to promote nutrition services.
- Monitored and reported on program participation and outcomes.
- Created partnerships with nutritionists to enhance program offerings.
- Conducted assessments to identify nutritional gaps in the senior community.

SKILLS

Nutrition Education

Program Design

Community Engagement

Workshop Facilitation

Health Promotion

Partnership Development

EDUCATION

Bachelor of Science in Nutrition

2015 – 2019

University of Texas

ACHIEVEMENTS

- Increased participation in nutrition programs by 75% within two years.
- Received recognition for outstanding service in community nutrition from the local health department.
- Successfully implemented a senior meal delivery program that served over 1,000 seniors.

LANGUAGES

English

Spanish

French