



MICHAEL ANDERSON

Mental Health Outreach Coordinator

Compassionate elder community outreach officer with a focus on mental health and wellness for seniors. Expertise in developing programs that promote psychological well-being and social engagement among older adults. Strong background in counseling and community service, dedicated to advocating for mental health awareness within the elder community. Proven ability to create safe spaces where seniors can express their concerns and receive support.

CONTACT

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- San Francisco, CA

EDUCATION

Bachelor of Arts in Psychology

University of Michigan
2016-2020

SKILLS

- Mental Health Advocacy
- Program Development
- Community Support
- Counseling
- Workshop Facilitation
- Relationship Building

LANGUAGES

- English
- Spanish
- French

WORK EXPERIENCE

Mental Health Outreach Coordinator

2020-2023

Elderly Care Services

- Developed mental health awareness campaigns targeting senior citizens.
- Conducted individual assessments to identify mental health needs among seniors.
- Facilitated support groups to encourage social connection and mental well-being.
- Collaborated with mental health professionals to provide workshops on coping strategies.
- Monitored participant feedback to improve program offerings.
- Engaged with families to educate them about mental health resources for seniors.

Community Support Specialist

2019-2020

Senior Mental Wellness Initiative

- Organized community events focused on reducing stigma associated with mental health.
- Provided one-on-one support to seniors experiencing mental health challenges.
- Collaborated with local organizations to promote mental health resources.
- Trained staff on recognizing signs of mental health issues in seniors.
- Created informational materials to raise awareness of mental health resources.
- Evaluated program success through participant surveys and feedback sessions.

ACHIEVEMENTS

- Increased participation in mental health programs by 60% within one year.
- Awarded 'Outstanding Service in Mental Health' by the State Mental Health Board.
- Successfully launched a community-wide mental health awareness month.