



# MICHAEL ANDERSON

## MENTAL HEALTH SOCIAL WORKER

### CONTACT

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-  San Francisco, CA

### SKILLS

- mental health counseling
- therapeutic assessment
- crisis intervention
- program development
- family education
- community engagement

### LANGUAGES

- English
- Spanish
- French

### EDUCATION

**MASTER OF SOCIAL WORK (MSW),  
COLUMBIA UNIVERSITY**

### ACHIEVEMENTS

- Developed a mental health awareness campaign that reached over 1,000 seniors.
- Achieved a 25% increase in client referrals through community partnerships.
- Recognized for excellence in service delivery with the Mental Health Advocate Award in 2021.

### PROFILE

Accomplished Elder Care Social Worker with a robust background in geriatric social services, specializing in mental health interventions for the elderly. Expertise in addressing the psychosocial aspects of aging, with a focus on enhancing emotional well-being and social integration. Proven track record in developing innovative programs that promote positive mental health outcomes among seniors.

### EXPERIENCE

#### MENTAL HEALTH SOCIAL WORKER

##### Harmony Elder Care

*2016 - Present*

- Conducted therapeutic assessments to identify mental health needs of elderly clients.
- Facilitated individual and group therapy sessions, focusing on coping strategies and resilience.
- Collaborated with psychiatrists to develop comprehensive treatment plans.
- Educated families on mental health issues affecting aging individuals.
- Implemented community workshops aimed at reducing stigma around mental health in seniors.
- Utilized evidence-based practices to measure and improve client outcomes.

#### SOCIAL WORKER

##### Elder Support Services

*2014 - 2016*

- Provided crisis intervention services to elderly clients experiencing emotional distress.
- Developed individualized care plans in collaboration with healthcare providers.
- Facilitated access to mental health resources and community support services.
- Monitored client progress and adjusted interventions based on feedback.
- Conducted outreach to isolated seniors, enhancing their social networks.
- Maintained accurate case files and documentation in compliance with agency standards.