



MICHAEL ANDERSON

Early Childhood Play Therapist

As a driven Early Childhood Play Therapist with 9 years of experience, I have dedicated my career to supporting children through therapeutic play. My background in psychology and child development allows me to understand the intricate emotional needs of young children. I have worked in various settings, including schools, clinics, and private practice, where I have refined my skills in creating engaging and therapeutic environments.

CONTACT

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EDUCATION

Master of Arts in Child Development

Columbia University
2016-2020

SKILLS

- Child Therapy
- Play-Based Techniques
- Emotional Regulation
- Family Involvement
- Trauma-Informed Care
- Assessment and Evaluation

LANGUAGES

- English
- Spanish
- French

WORK EXPERIENCE

Early Childhood Play Therapist

2020-2023

Therapeutic Play Solutions

- Conducted therapeutic play sessions that facilitated emotional expression and coping strategy development.
- Collaborated with interdisciplinary teams to integrate play therapy into comprehensive treatment plans.
- Designed group activities that promoted social skills and emotional intelligence among young children.
- Provided training for educators on the benefits of play therapy within educational settings.
- Regularly assessed children's progress, adjusting therapy plans to ensure effectiveness.
- Engaged families in the therapeutic process, offering guidance and support for home-based interventions.

Child Behavioral Therapist

2019-2020

Safe Harbor Therapy Center

- Utilized play-based assessment tools to evaluate children's emotional and behavioral needs.
- Provided individualized therapy sessions that promoted emotional regulation and resilience.
- Facilitated workshops for parents on emotional health and play therapy techniques.
- Collaborated with schools to create supportive environments for children facing challenges.
- Documented therapy outcomes and shared insights with multidisciplinary teams for enhanced care.
- Participated in community outreach initiatives to increase awareness of child mental health resources.

ACHIEVEMENTS

- Improved emotional expression skills in 85% of clients after 6 months of therapy.
- Recipient of the 'Excellence in Child Therapy' award from the National Child Therapy Association in 2022.
- Published articles on the significance of play in emotional health for children in