



MICHAEL ANDERSON

EARLY CHILDHOOD PLAY THERAPIST

CONTACT

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-  San Francisco, CA

SKILLS

- Child Therapy
- Emotional Intelligence
- Parent Support
- Developmental Assessment
- Creative Arts
- Trauma Recovery

LANGUAGES

- English
- Spanish
- French

EDUCATION

**MASTER OF ARTS IN COUNSELING,
UNIVERSITY OF SOUTHERN CALIFORNIA**

ACHIEVEMENTS

- Improved emotional expression skills in 90% of clients within 4 months of therapy.
- Recognized for excellence in service delivery by the California Association of Play Therapists in 2021.
- Published research on the effectiveness of play therapy in early childhood interventions.

PROFILE

As a compassionate Early Childhood Play Therapist with 5 years of experience, I am dedicated to helping children navigate their emotional landscapes through the power of play. My clinical background includes working in both private practices and child development centers, where I have honed my skills in using play as a medium for therapy.

EXPERIENCE

EARLY CHILDHOOD PLAY THERAPIST

Hope Springs Therapy

2016 - Present

- Provided one-on-one therapy sessions using play-based techniques to engage young children in emotional exploration.
- Created a welcoming therapy environment that encouraged children to express their feelings through creative play.
- Developed and implemented individualized therapy plans, adjusting approaches based on each child's progress.
- Worked closely with parents to educate them on the benefits of play therapy and strategies to support their children at home.
- Conducted workshops for educators on integrating therapeutic techniques into classroom settings.
- Maintained detailed records of each child's progress, facilitating ongoing assessment and adjustments to therapy methods.

CHILD DEVELOPMENT SPECIALIST

Sunny Days Childcare

2014 - 2016

- Conducted developmental assessments for children to identify emotional and social needs.
- Implemented play-based learning activities that promoted emotional intelligence and social skills.
- Collaborated with parents to develop strategies that supported their child's emotional growth at home.
- Organized community outreach events to promote awareness of mental health resources for young children.
- Trained staff on recognizing developmental milestones and appropriate interventions.
- Participated in interdisciplinary team meetings to coordinate care for children with complex needs.