



MICHAEL ANDERSON

Early Childhood Play Therapist

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SUMMARY

I am an experienced Early Childhood Play Therapist with over 8 years dedicated to enhancing the emotional and social development of children aged 2-6 years. My approach revolves around creating a safe and engaging environment where children can express themselves through play. I have a profound understanding of developmental psychology and utilize various therapeutic techniques tailored to meet the unique needs of each child.

WORK EXPERIENCE

Early Childhood Play Therapist **Bright Futures Therapy Center**

Jan 2023 - Present

- Conducted individual play therapy sessions for children aged 3-6 years, focusing on emotional expression and coping strategies.
- Developed customized therapy plans based on developmental assessments and parent consultations.
- Collaborated with educators to integrate therapeutic strategies into classroom settings, enhancing social interaction among peers.
- Utilized art and play materials to facilitate communication and emotional processing in children.
- Monitored and documented progress, adjusting therapy techniques as needed to meet evolving needs.
- Provided parent workshops on child behavior and emotional support, improving family dynamics.

Therapeutic Play Specialist **Little Steps Developmental Center**

Jan 2020 - Dec 2022

- Implemented group therapy sessions that fostered peer relationships and collaborative play among children.
 - Trained staff on recognizing signs of emotional distress and effective intervention strategies.
 - Facilitated community outreach programs to raise awareness about the importance of play in child development.
 - Conducted assessments to identify developmental delays and recommended appropriate interventions.
 - Engaged in ongoing professional development, attending workshops and conferences related to child therapy techniques.
 - Established a referral network with pediatricians and child psychologists to ensure comprehensive care for clients.
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EDUCATION

Master of Arts in Child Psychology, **University of California, Los Angeles**

Sep 2019 - Oct 2020

ADDITIONAL INFORMATION

- **Technical Skills:** Play Therapy, Child Development, Emotional Regulation, Parent Education, Trauma-Informed Care, Group Therapy
- **Awards/Activities:** Successfully reduced behavioral issues in 85% of clients after 6 months of therapy.
- **Awards/Activities:** Received the 'Outstanding Therapist of the Year' award from the National Play Therapy Association in 2022.
- **Awards/Activities:** Authored a published article on the impact of play therapy in early childhood education.
- **Languages:** English, Spanish, French