MICHAEL ANDERSON

E-Sports Psychologist

CONTACT

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- San Francisco, CA

EDUCATION

M.A. in Psychology
University of Texas at Austin
2016-2020

SKILLS

- psychological assessment
- mental resilience training
- community outreach
- workshop facilitation
- athlete support
- research publication

LANGUAGES

- English
- Spanish
- French

Dedicated E-Sports Psychologist with a robust background in psychological assessment and intervention within the competitive gaming landscape. Expertise in crafting and implementing mental health strategies that bolster player performance and well-being. Extensive experience in conducting workshops and seminars aimed at equipping gamers with essential psychological tools for success. Recognized for a strong commitment to advancing mental health awareness in the e-sports community.

WORK EXPERIENCE

E-Sports Psychologist
2020-2023
Next Level Gaming

- Implemented psychological evaluations for assessing gamer readiness.
- Developed mental resilience training programs tailored for competitive environments.
- Facilitated group therapy sessions focusing on stress management.
- Collaborated with coaching staff to enhance athlete support structures.
- Monitored player mental health and provided ongoing support.
- Authored a series of articles on mental health best practices in gaming.

Mental Health Consultant
2019-2020
E-Sports Community Initiative

- Provided mental health resources and support to gaming communities.
- Conducted workshops on the psychological aspects of gaming.
- Developed outreach programs to promote mental health awareness.
- Collaborated with local organizations for community support.
- Evaluated the effectiveness of mental health programs in e-sports.
- Presented findings at regional gaming events and conferences.

ACHIEVEMENTS

- Increased participation in mental health programs by 60% within the community.
- Recognized for outstanding contributions to mental health in e-sports.
- Developed a mental health toolkit for gamers used by multiple organizations.