



# MICHAEL ANDERSON

## Community Wellness Coordinator

Dedicated professional with a focus on outdoor recreation and community wellness, bringing over 8 years of experience in developing programs that promote physical activity and mental well-being through outdoor engagement. Recognized for creating inclusive environments that encourage participation from all demographics, particularly marginalized communities. Skilled in collaborating with health organizations and community groups to provide accessible outdoor opportunities.

### CONTACT

- (555) 234-5678
- michael.anderson@email.com
- San Francisco, CA

### EDUCATION

#### Bachelor of Science in Kinesiology

University of Florida  
2015

### SKILLS

- Community Wellness
- Program Development
- Outreach
- Event Coordination
- Volunteer Management
- Mental Health Advocacy

### LANGUAGES

- English
- Spanish
- French

### WORK EXPERIENCE

#### Community Wellness Coordinator

2020-2023

Healthy Outdoor Initiative

- Developed outdoor wellness programs that increased community participation by 40% within one year.
- Collaborated with local health organizations to promote the mental health benefits of outdoor activities.
- Managed outreach efforts to underserved populations, improving program accessibility.
- Organized community events focused on outdoor activities, attracting over 1,500 participants.
- Conducted surveys to assess community needs and program effectiveness, leading to program adjustments.
- Trained volunteers on the importance of mental health and outdoor engagement.

#### Outdoor Recreation Assistant

2019-2020

City Health and Recreation Services

- Assisted in the planning and execution of outdoor recreational programs for various age groups.
- Facilitated workshops on outdoor skills, promoting self-sufficiency and confidence.
- Engaged with community members to gather feedback and improve programming.
- Coordinated logistics for outdoor events, ensuring safety and compliance.
- Participated in outreach initiatives to raise awareness about outdoor health benefits.
- Supported the development of marketing materials to promote recreational opportunities.

### ACHIEVEMENTS

- Awarded the Community Health Champion Award for outstanding contributions to outdoor wellness.
- Increased participation in wellness programs by 50% through targeted outreach.
- Successfully launched a mental health awareness campaign focused on outdoor engagement.