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SKILLS

- Corporate Wellness
- Nutritional Assessment
- Workshop Facilitation
- Client Coaching
- Employee Engagement
- Health Promotion

EDUCATION

**BACHELOR OF SCIENCE IN NUTRITION
AND DIETETICS, PURDUE UNIVERSITY**

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Achieved a 35% increase in employee participation in wellness programs.
- Recognized for excellence in client service by the Corporate Wellness Association.
- Developed a comprehensive nutrition guide that received positive feedback from clients.

Michael Anderson

CORPORATE WELLNESS NUTRITIONIST

Proficient Digital Nutrition Advisor with a focus on corporate wellness and employee nutrition programs. Expertise in developing tailored nutrition strategies that enhance workplace well-being and productivity.

Demonstrated success in conducting nutritional assessments and delivering engaging workshops that foster a culture of health within organizations. Skilled in utilizing technology to track employee health metrics and promote accountability.

EXPERIENCE

CORPORATE WELLNESS NUTRITIONIST

Wellness at Work Inc.

2016 - Present

- Designed and implemented nutrition programs tailored for corporate clients.
- Conducted health screenings and nutritional assessments for employees.
- Facilitated interactive workshops on healthy eating and lifestyle changes.
- Utilized digital platforms to track employee participation and outcomes.
- Developed resources and materials to promote workplace wellness initiatives.
- Collaborated with HR teams to align wellness programs with organizational goals.

NUTRITION COACH

FitLife Coaching

2014 - 2016

- Provided one-on-one coaching to clients focusing on nutrition and fitness.
- Developed personalized meal plans based on individual health goals.
- Utilized technology to monitor client progress and provide feedback.
- Conducted group fitness and nutrition workshops to engage clients.
- Created online resources to support client education and accountability.
- Collaborated with fitness professionals to enhance overall wellness programs.