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## SKILLS

- Geriatric Nutrition
- Chronic Disease Management
- Patient Education
- Interdisciplinary Collaboration
- Nutritional Assessment
- Community Outreach

## EDUCATION

**MASTER OF SCIENCE IN GERIATRIC NUTRITION, UNIVERSITY OF AGING STUDIES**

## LANGUAGE

- English
- Spanish
- German

## ACHIEVEMENTS

- Improved patient dietary adherence rates by 20% through tailored interventions.
- Awarded recognition for excellence in geriatric nutrition services from a local health organization.
- Published articles on nutrition for seniors in professional health journals.

# Michael Anderson

## GERIATRIC DIETITIAN

Seasoned Dietitian with a focus on geriatric nutrition and chronic disease management. Extensive experience in developing nutrition care plans tailored to the unique needs of elderly patients. Proficient in conducting comprehensive assessments to evaluate nutritional status and dietary requirements. Strong background in collaborating with healthcare professionals to provide holistic care for older adults.

## EXPERIENCE

### GERIATRIC DIETITIAN

Senior Health Services

2016 - Present

- Conducted detailed nutritional assessments for elderly patients with chronic conditions.
- Developed individualized meal plans focused on managing health issues.
- Collaborated with interdisciplinary teams to ensure comprehensive patient care.
- Educated families on dietary needs and meal preparation for elderly patients.
- Monitored patient progress and adapted nutrition plans based on health changes.
- Participated in community health fairs to promote awareness of geriatric nutrition.

### NUTRITION CONSULTANT

Elderly Wellness Program

2014 - 2016

- Provided nutritional guidance to caregivers and families of elderly patients.
- Developed resources on nutrition and aging for community distribution.
- Conducted workshops on meal planning and nutrition for seniors.
- Evaluated dietary interventions and their effects on patient health outcomes.
- Collaborated with healthcare providers to address nutritional challenges in the elderly.
- Facilitated discussions on the role of nutrition in promoting longevity and health.