

MICHAEL ANDERSON

Geriatric Dietitian

- San Francisco, CA
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Experienced Diet Therapy Specialist with a focus on geriatric nutrition, dedicated to improving the health and quality of life for older adults. With over 10 years of experience in long-term care facilities and community outreach programs, I specialize in creating dietary plans that address the unique needs of seniors.

WORK EXPERIENCE

Geriatric Dietitian | Sunny Acres Nursing Home

Jan 2022 – Present

- Conducted nutritional assessments for over 200 residents, creating individualized meal plans.
- Worked with healthcare providers to monitor and adjust dietary plans for chronic conditions.
- Organized nutrition education sessions for staff and families, improving understanding of dietary needs.
- Implemented feedback mechanisms to enhance food service quality and resident satisfaction.
- Coordinated with chefs to prepare meals that meet the diverse needs of residents.
- Tracked patient outcomes and adjusted nutrition plans based on progress and feedback.

Community Nutrition Specialist | Senior Wellness Program

Jul 2019 – Dec 2021

- Developed nutrition education programs for seniors, focusing on healthy aging and disease prevention.
- Conducted workshops that reached over 300 participants, enhancing community health awareness.
- Collaborated with local agencies to provide resources and support for seniors' nutrition needs.
- Evaluated dietary habits of seniors through surveys, adjusting programs to meet identified needs.
- Created informative materials on nutrition for distribution in senior centers.
- Monitored program outcomes to ensure effectiveness and satisfaction among participants.

SKILLS

Geriatric Nutrition

Nutritional Assessment

Community Outreach

Program Development

Family Education

EDUCATION

Master's in Geriatric Nutrition

2011

University of Aging Studies

ACHIEVEMENTS

- Improved dietary compliance by 30% among residents at Sunny Acres Nursing Home.
- Received the Outstanding Community Service Award for contributions to senior nutrition initiatives.
- Published a research paper on nutrition interventions for older adults in a medical journal.

LANGUAGES

English

Spanish

French