



MICHAEL ANDERSON

Dance Therapy Instructor

Dedicated Dance Instructor with a focus on therapeutic dance, utilizing movement as a means for healing and personal expression. Extensive experience working with individuals with special needs, fostering an inclusive environment that promotes self-confidence and community. Recognized for developing programs that integrate dance into therapeutic settings, enhancing emotional and physical well-being.

CONTACT

- (555) 234-5678
- michael.anderson@email.com
- San Francisco, CA

EDUCATION

Bachelor of Science in Dance Therapy

University of North Texas
2019

SKILLS

- Dance Therapy
- Program Development
- Special Needs Education
- Community Engagement
- Collaborative Practice
- Adaptive Techniques

LANGUAGES

- English
- Spanish
- French

WORK EXPERIENCE

Dance Therapy Instructor

2020-2023

Healing Arts Center

- Developed and implemented dance therapy programs for individuals with disabilities.
- Collaborated with therapists to create individualized dance plans.
- Conducted workshops to educate caregivers about the benefits of dance therapy.
- Organized community performances to showcase the achievements of participants.
- Utilized adaptive techniques to ensure accessibility for all students.
- Evaluated participant progress and adjusted programs accordingly.

Assistant Dance Instructor

2019-2020

Inclusive Movement Studio

- Assisted in teaching dance classes for children with special needs.
- Supported lead instructors in creating a welcoming and safe environment.
- Engaged families in the dance process to enhance community involvement.
- Implemented feedback from students and families to improve class delivery.
- Coordinated events to celebrate student milestones and achievements.
- Promoted awareness of the benefits of dance for all abilities.

ACHIEVEMENTS

- Received the 'Innovative Program Award' from the National Dance Therapy Association in 2022.
- Increased participation in dance therapy programs by 50% over two years.
- Established partnerships with local health organizations to promote dance therapy.