



MICHAEL ANDERSON

Life Skills Coach

Compassionate Daily Living Support Specialist with a focus on holistic wellness and life skills development. Extensive experience in supporting individuals from diverse backgrounds in achieving their personal living goals. Expertise in designing and implementing comprehensive care plans that address physical, emotional, and social needs. Recognized for exceptional patience and understanding in building rapport with clients, facilitating trust and open communication.

CONTACT

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- San Francisco, CA

EDUCATION

Bachelor of Arts in Human Services

Community College
2019

SKILLS

- holistic wellness
- life skills development
- client empowerment
- documentation
- teamwork
- advocacy

LANGUAGES

- English
- Spanish
- French

WORK EXPERIENCE

Life Skills Coach

2020-2023

Empowerment through Support

- Designed and implemented life skills training programs tailored to client needs.
- Provided ongoing support and encouragement to promote client independence.
- Facilitated workshops on communication and social skills.
- Monitored client progress and adjusted programs as necessary.
- Collaborated with families to enhance understanding of client needs.
- Maintained detailed documentation of client achievements and challenges.

Daily Living Support Specialist

2019-2020

Community Connections

- Assisted clients with daily living tasks to promote self-sufficiency.
- Encouraged participation in community activities to enhance socialization.
- Documented daily progress and communicated with the care team.
- Provided emotional support to clients to foster resilience.
- Coordinated transportation for appointments and social events.
- Engaged in professional development to enhance service delivery.

ACHIEVEMENTS

- Increased client participation in community programs by 50%.
- Recognized for innovative programming with a 'Best Practice' award.
- Developed a resource guide that improved client access to services.