



# Michael ANDERSON

## FAMILY COUNSELOR

Experienced family counselor with over 12 years of expertise in providing therapy and support to families facing various challenges. Committed to fostering healthy communication and relationships among family members. Skilled in conflict resolution, mediation, and facilitating family therapy sessions that encourage open dialogue. Background in child psychology allows for a nuanced understanding of family dynamics and the unique needs of children.

### CONTACT

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- 🌐 www.michaelanderson.com
- 📍 San Francisco, CA

### SKILLS

- Family therapy
- Conflict resolution
- Parenting education
- Assessment
- Community collaboration
- Documentation

### LANGUAGES

- English
- Spanish
- French

### EDUCATION

**MASTER OF ARTS IN FAMILY THERAPY,  
UNIVERSITY OF SOUTHERN  
CALIFORNIA, 2007**

### ACHIEVEMENTS

- Successfully facilitated a family resilience program that improved family cohesion by 60%.
- Awarded 'Outstanding Family Counselor' by the state counseling association.
- Increased community engagement in family programs by 50% through targeted outreach.

### WORK EXPERIENCE

#### FAMILY COUNSELOR

Harmony Family Services

2020 - 2025

- Provided individual and family counseling sessions focused on improving communication and resolving conflicts.
- Facilitated workshops on parenting skills and family dynamics.
- Conducted assessments to identify family needs and develop tailored treatment plans.
- Collaborated with schools and community organizations to support family-focused initiatives.
- Monitored client progress and adjusted therapeutic approaches as necessary.
- Engaged in community outreach to raise awareness about family counseling services.

#### COUNSELOR INTERN

Safe Haven Counseling Center

2015 - 2020

- Assisted lead counselors in conducting family therapy sessions.
- Participated in case management meetings to discuss client needs and interventions.
- Helped develop educational materials for family programs on mental health topics.
- Supported families in crisis situations by providing immediate resources and assistance.
- Engaged in training workshops to enhance counseling skills and knowledge.
- Maintained accurate records of family counseling sessions and outcomes.