



# Michael ANDERSON

## ADDICTION COUNSELING PSYCHOLOGIST

As a Counseling Psychologist with expertise in addiction counseling, I have dedicated my career to helping individuals overcome substance abuse and develop healthier coping strategies. My practice is grounded in evidence-based approaches, including motivational interviewing and cognitive-behavioral therapy, which I adapt to meet the unique needs of each client.

### CONTACT

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- 🌐 www.michaelanderson.com
- 📍 San Francisco, CA

### SKILLS

- Addiction Counseling
- Motivational Interviewing
- Cognitive Behavioral Therapy
- Group Therapy
- Community Outreach
- Family Therapy

### LANGUAGES

- English
- Spanish
- French

### EDUCATION

**M.A. IN COUNSELING PSYCHOLOGY,  
COLUMBIA UNIVERSITY**

### ACHIEVEMENTS

- Recognized for excellence in client recovery outcomes, receiving the 'Outstanding Service Award.'
- Developed a client resource guide that improved access to support services.
- Presented at regional conferences on innovative approaches to addiction treatment.

### WORK EXPERIENCE

#### ADDICTION COUNSELING PSYCHOLOGIST

New Horizons Recovery Center

2020 - 2025

- Provided individual and group therapy to over 300 clients, facilitating a 70% success rate in recovery.
- Developed comprehensive treatment plans that incorporated family involvement and support.
- Conducted addiction assessments to determine appropriate levels of care.
- Implemented motivational interviewing techniques, enhancing client engagement in the recovery process.
- Led community workshops on addiction awareness and prevention, reaching over 500 attendees.
- Collaborated with case managers to ensure continuity of care for clients post-treatment.

#### COUNSELING PSYCHOLOGIST INTERN

Hope Recovery Services

2015 - 2020

- Assisted in the delivery of therapeutic services to clients struggling with addiction, fostering a supportive environment.
- Conducted intake assessments and developed treatment recommendations.
- Participated in weekly case consultations, gaining insights into best practices in addiction counseling.
- Facilitated support groups for families affected by addiction, promoting healing and understanding.
- Engaged in community outreach initiatives to promote addiction recovery resources.
- Attended workshops on emerging trends in addiction treatment, enhancing professional knowledge.