



MICHAEL ANDERSON

SCHOOL COUNSELING PSYCHOLOGIST

CONTACT

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-  San Francisco, CA

SKILLS

- Adolescent Therapy
- Program Development
- Group Facilitation
- Crisis Management
- Parent Education
- Behavioral Interventions

LANGUAGES

- English
- Spanish
- French

EDUCATION

M.A. IN COUNSELING PSYCHOLOGY,
UNIVERSITY OF MICHIGAN

ACHIEVEMENTS

- Implemented a school-wide mental health program that reduced behavioral incidents by 40%.
- Recipient of the 'Outstanding Educator Award' for contributions to student mental health.
- Presented at national conferences on innovative strategies in school psychology.

PROFILE

With extensive experience as a Counseling Psychologist, I specialize in working with adolescents and young adults, particularly in educational settings. My approach emphasizes a strengths-based perspective, where I help clients harness their innate abilities to overcome challenges. I have successfully developed and implemented school-based mental health programs that focus on early intervention and prevention, resulting in a significant decrease in behavioral issues among students.

EXPERIENCE

SCHOOL COUNSELING PSYCHOLOGIST

Springfield High School

2016 - Present

- Conducted individual counseling sessions for over 200 students, improving academic performance by 25%.
- Developed a mental health curriculum that was adopted school-wide, enhancing student awareness of psychological well-being.
- Collaborated with teachers to create individualized education plans (IEPs) for students with special needs.
- Organized mental health awareness campaigns, increasing student participation in counseling services.
- Facilitated peer support groups, fostering a sense of community among students.
- Provided crisis intervention services during school emergencies, ensuring student safety.

COUNSELING PSYCHOLOGIST INTERN

Youth Development Center

2014 - 2016

- Assisted in conducting psychological assessments for at-risk youth, contributing to tailored treatment plans.
- Supported therapists in group therapy sessions, enhancing client engagement.
- Participated in community outreach initiatives, promoting the center's services to families.
- Developed educational materials on mental health topics for youth and parents.
- Engaged in weekly supervision meetings, gaining valuable insights into clinical practices.
- Facilitated workshops on stress management for adolescents, improving coping skills.