



Michael ANDERSON

EMPLOYEE WELLNESS COORDINATOR

Proficient Corporate Wellness Manager with a strong background in workplace health promotion and employee engagement strategies. Expertise in developing tailored wellness solutions that address the unique challenges faced by employees in diverse industries. Demonstrated ability to foster collaboration among various stakeholders, including healthcare providers and internal teams, to create comprehensive health initiatives.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- health promotion
- employee engagement
- program evaluation
- communication strategies
- partnership development
- data analysis

LANGUAGES

- English
- Spanish
- French

EDUCATION

**BACHELOR OF ARTS IN HEALTH
EDUCATION, UNIVERSITY OF NORTH
CAROLINA**

ACHIEVEMENTS

- Increased employee engagement scores by 40% through innovative wellness programs.
- Recognized for outstanding contributions to workplace health initiatives.
- Achieved a 20% improvement in employee health metrics within one year.

WORK EXPERIENCE

EMPLOYEE WELLNESS COORDINATOR

Wellness Works LLC

2020 - 2025

- Implemented a wellness initiative that resulted in a 35% increase in employee participation.
- Organized monthly wellness workshops focusing on nutrition and physical activity.
- Established partnerships with local health providers to offer on-site services.
- Created communication strategies to promote wellness programs across the organization.
- Conducted employee health surveys to assess program effectiveness.
- Facilitated team challenges that fostered camaraderie and engagement.

HEALTH AND WELLNESS ADVISOR

HealthFirst Solutions

2015 - 2020

- Provided one-on-one wellness consultations to employees, enhancing personal health awareness.
- Developed and distributed educational materials on health topics.
- Monitored and analyzed health metrics to guide program development.
- Coordinated wellness events that increased community involvement.
- Trained employees on the importance of health and well-being.
- Collaborated with HR to integrate wellness into company culture.