



MICHAEL ANDERSON

Senior Corporate Nutrition Consultant

Results-driven Corporate Nutrition Consultant with a focus on evidence-based practices and over 11 years of experience in the field of nutrition and wellness. Expertise in developing and implementing nutrition strategies that significantly enhance employee health and organizational productivity. Skilled in conducting comprehensive nutritional assessments and delivering tailored wellness programs that address specific employee needs.

CONTACT

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- San Francisco, CA

EDUCATION

Bachelor of Science in Nutritional Science

University of Michigan
2016-2020

SKILLS

- Evidence-Based Nutrition
- Program Implementation
- Health Assessment
- Workshop Facilitation
- Team Collaboration
- Data Analysis

LANGUAGES

- English
- Spanish
- French

WORK EXPERIENCE

Senior Corporate Nutrition Consultant

2020-2023

HealthWorks

- Led the development of corporate nutrition strategies for diverse industries.
- Conducted in-depth employee health assessments and nutritional analysis.
- Designed and executed wellness programs that improved employee satisfaction.
- Facilitated training sessions on nutrition and healthy lifestyle choices.
- Collaborated with executive teams to align wellness initiatives with corporate goals.
- Monitored program effectiveness and made data-driven recommendations.

Nutrition Consultant

2019-2020

Wellness Strategies

- Developed individualized nutrition plans and guidelines for employees.
- Conducted workshops and seminars to promote nutritional awareness.
- Provided ongoing support and counseling to employees.
- Analyzed employee feedback to enhance program offerings.
- Created informative content for newsletters and health communications.
- Partnered with local health providers for workshops and resources.

ACHIEVEMENTS

- Improved employee health outcomes by 30% through targeted nutrition interventions.
- Recognized as 'Top Consultant' by the Corporate Health Alliance in 2021.
- Published findings on nutrition strategies in leading health journals.