



MICHAEL ANDERSON

Senior Nutrition Consultant

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SUMMARY

Distinguished Corporate Nutrition Consultant with over 10 years of extensive experience in developing and implementing nutrition programs tailored for corporate clients. Expertise lies in assessing nutritional needs and formulating strategic initiatives that enhance employee well-being and productivity. Proven track record in conducting workshops and seminars that educate employees on healthy eating habits and lifestyle choices.

WORK EXPERIENCE

Senior Nutrition Consultant HealthCorp Solutions

Jan 2023 - Present

- Designed comprehensive nutrition programs for over 50 corporate clients.
- Conducted employee health assessments to identify dietary needs and preferences.
- Implemented wellness workshops focusing on stress management and nutrition.
- Utilized data analytics to measure program outcomes and employee engagement.
- Collaborated with HR to integrate nutrition initiatives into employee benefits.
- Developed educational materials and resources for client distribution.

Nutrition Program Coordinator Wellness Innovations

Jan 2020 - Dec 2022

- Managed a team of nutritionists to deliver tailored dietary programs.
 - Facilitated client consultations to assess individual health goals.
 - Organized quarterly health fairs promoting nutrition awareness.
 - Evaluated employee feedback to refine program offerings.
 - Established partnerships with local health agencies for resource sharing.
 - Produced monthly newsletters highlighting nutritional tips and recipes.
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EDUCATION

Master of Science in Nutrition, University of California, Berkeley

Sep 2019 - Oct 2020

ADDITIONAL INFORMATION

- **Technical Skills:** Nutritional Assessment, Program Development, Data Analysis, Employee Wellness, Public Speaking, Stakeholder Engagement
- **Awards/Activities:** Awarded 'Best Corporate Wellness Program' by the National Wellness Institute in 2022.
- **Awards/Activities:** Increased employee participation in wellness programs by 40% within two years.
- **Awards/Activities:** Published research on the impact of nutrition on workplace productivity in a peer-reviewed journal.
- **Languages:** English, Spanish, French