



# Michael ANDERSON

## ADAPTIVE ROWING COACH

Innovative Competitive Rowing Coach with a focus on adaptive rowing and inclusivity in sports. Extensive experience in coaching diverse groups of athletes, including those with disabilities, promoting accessibility and participation in rowing. Proven ability to develop specialized training programs that cater to the unique needs of each athlete while fostering a sense of community and belonging.

## WORK EXPERIENCE

### ADAPTIVE ROWING COACH

Inclusive Rowing Initiative

2020 - 2025

- Developed adaptive training programs for athletes with disabilities.
- Organized community outreach events to promote adaptive rowing.
- Trained volunteers and staff on inclusivity best practices in coaching.
- Facilitated partnerships with local organizations to enhance program reach.
- Implemented safety procedures to ensure a secure training environment for all athletes.
- Monitored athlete progress and adjusted training methods as needed.

### ROWING COACH

City Rowing Club

2015 - 2020

- Coached a diverse group of athletes, focusing on skill development and teamwork.
- Led training sessions that emphasized safety, technique, and sportsmanship.
- Organized local regattas to promote community engagement in rowing.
- Mentored young coaches and volunteers in adaptive coaching techniques.
- Collaborated with local schools to introduce rowing programs for students.
- Evaluated athlete performance and provided constructive feedback for improvement.

## CONTACT

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## SKILLS

- Adaptive Coaching
- Community Outreach
- Inclusivity Advocacy
- Team Development
- Safety Protocols
- Program Implementation

## LANGUAGES

- English
- Spanish
- French

## EDUCATION

**BACHELOR OF ARTS IN SPORTS  
MANAGEMENT, UNIVERSITY OF  
DIVERSITY IN SPORTS**

## ACHIEVEMENTS

- Established the first adaptive rowing program in the region, serving over 100 athletes.
- Received the Inclusivity in Sports Award for outstanding contributions to adaptive athletics.
- Increased participation in rowing programs by 50% through community initiatives.