

MICHAEL ANDERSON

Psychiatric Mental Health Nurse

- San Francisco, CA
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Dynamic Community Mental Health Nurse with 4 years of experience in psychiatric nursing, focusing on adult mental health issues and recovery-oriented practices. Dedicated to fostering a supportive environment for patients dealing with anxiety, depression, and other mood disorders. Experienced in utilizing motivational interviewing techniques to encourage patient engagement in their care.

WORK EXPERIENCE

Psychiatric Mental Health Nurse | Mental Health Facility

Jan 2022 – Present

- Conducted initial assessments and developed comprehensive care plans for patients.
- Facilitated individual therapy sessions focused on enhancing coping strategies.
- Administered medications and tracked patient responses to treatment.
- Collaborated with psychologists and social workers to provide integrated care.
- Participated in family meetings to discuss treatment goals and progress.
- Engaged in community outreach to promote mental health services and resources.

Mental Health Nurse | Community Counseling Center

Jul 2019 – Dec 2021

- Assisted in the development of treatment plans for adults with mental health disorders.
- Provided crisis intervention and support to individuals in distress.
- Documented patient care and progress in electronic health records.
- Educated patients about their conditions and treatment options.
- Coordinated with community resources for patient referrals.
- Participated in training sessions to enhance skills in mental health care.

SKILLS

Psychiatric Nursing

Patient Engagement

Motivational Interviewing

Crisis Management

Documentation

Community Outreach

EDUCATION

Bachelor of Science in Nursing

2016

State University

ACHIEVEMENTS

- Recognized for excellence in patient care by the mental health facility in 2020.
- Developed a patient feedback program that improved satisfaction scores by 25%.
- Received a commendation for outstanding community service in mental health awareness.

LANGUAGES

English

Spanish

French