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EXPERTISE SKILLS

- Geriatric Care
- Patient Advocacy
- Therapeutic Communication
- Crisis Intervention
- Care Coordination
- Family Education

LANGUAGES

- English
- Spanish
- French

CERTIFICATION

- Bachelor of Science in Nursing, College of Nursing, 2009

REFERENCES

John Smith

Senior Manager, Tech Corp
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Sarah Johnson

Director, Innovation Labs
sarah.j@email.com

Michael Brown

VP Engineering, Solutions Inc
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MICHAEL ANDERSON

GERIATRIC MENTAL HEALTH NURSE

Compassionate and skilled Community Mental Health Nurse with over 10 years of experience specializing in geriatric mental health. Expert in delivering high-quality nursing care to elderly patients dealing with complex mental health issues, including dementia and depression. Proven ability to create safe and supportive environments that enhance patient well-being and dignity.

PROFESSIONAL EXPERIENCE

Senior Wellness Center

Mar 2018 - Present

Geriatric Mental Health Nurse

- Provided comprehensive assessments for elderly patients to tailor mental health care plans.
- Facilitated therapeutic activities that improved social interaction among patients.
- Collaborated with multidisciplinary teams to optimize treatment for dementia patients.
- Educated families on mental health issues affecting the elderly.
- Managed medication schedules and monitored side effects for geriatric patients.
- Implemented safety protocols that reduced fall incidents by 25% in the facility.

Community Hospital

Dec 2015 - Jan 2018

Mental Health Nurse

- Assisted in the development of care plans for elderly patients with mental health disorders.
- Participated in family meetings to discuss treatment options and progress.
- Conducted workshops on mental health awareness for caregivers and healthcare staff.
- Monitored and documented patient behavior changes and responses to treatment.
- Provided crisis intervention for patients in acute distress, improving patient safety.
- Trained junior nurses on best practices in geriatric mental health care.

ACHIEVEMENTS

- Received the Nursing Excellence Award for outstanding patient care in geriatric mental health in 2019.
- Implemented a new patient engagement strategy that increased participation in therapy sessions by 35%.
- Recognized for developing a resource guide for families of elderly patients.