



MICHAEL ANDERSON

CHILD AND ADOLESCENT THERAPIST

CONTACT

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-  San Francisco, CA

SKILLS

- Play Therapy
- Child Psychology
- Family Therapy
- Crisis Management
- Group Facilitation
- Empathy

LANGUAGES

- English
- Spanish
- French

EDUCATION

MASTER'S DEGREE IN CHILD PSYCHOLOGY, UNIVERSITY OF CHILDTOWN

ACHIEVEMENTS

- Implemented a successful after-school program that improved student participation in mental health services by 40%.
- Recognized for outstanding service and commitment to youth mental health.
- Achieved a 90% satisfaction rate from parents regarding therapy effectiveness.

PROFILE

I am a compassionate and skilled Clinical Therapist with over 5 years of experience working with children and adolescents. My focus has been on providing therapeutic interventions for youth suffering from emotional and behavioral issues. I believe in creating a safe and nurturing environment where young clients can express themselves freely and begin their healing journeys.

EXPERIENCE

CHILD AND ADOLESCENT THERAPIST

Bright Futures Counseling

2016 - Present

- Provided individual therapy sessions for children dealing with anxiety, depression, and behavioral issues.
- Developed engaging treatment plans utilizing art and play therapy techniques.
- Collaborated with parents to provide support and strategies for home reinforcement.
- Conducted group therapy for adolescents focusing on social skills and peer relationships.
- Participated in school-based mental health initiatives to support students.
- Maintained thorough documentation of therapy sessions and progress notes.

THERAPEUTIC SUPPORT SPECIALIST

Hope Academy

2014 - 2016

- Assisted children with emotional and behavioral challenges in a school setting.
- Facilitated small group sessions focused on emotional regulation and conflict resolution.
- Worked closely with teachers to create supportive learning environments.
- Provided crisis intervention for students experiencing acute distress.
- Engaged in regular communication with parents to update on student progress.
- Utilized data-driven approaches to assess and track student improvement.