MICHAEL ANDERSON

Geriatric Nutrition Technologist

As a Clinical Nutrition Technologist with 7 years of experience, I specialize in geriatric nutrition, focusing on the unique dietary requirements of elderly patients. My career has been dedicated to improving the health and well-being of seniors through tailored nutrition plans that address chronic health issues often prevalent in this demographic.

CONTACT

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EDUCATION

Bachelor of Science in Nutrition
Institute of Health Studies
2016-2020

SKILLS

- Geriatric Nutrition
- Dietary Assessment
- Patient Education
- Community Engagement
- Caregiver Training
- Interdisciplinary Collaboration

LANGUAGES

- English
- Spanish
- French

WORK EXPERIENCE

Geriatric Nutrition Technologist   2020-2023
Senior Health Services

- Managed nutritional care for over 150 elderly patients in a community health setting.
- Conducted assessments to identify dietary needs and develop appropriate meal plans.
- Educated caregivers on nutrition management and dietary modifications.
- Collaborated with interdisciplinary teams to provide holistic patient care.
- Implemented nutrition-focused initiatives that improved patient outcomes by 20%.
- Organized community workshops on nutrition for seniors, enhancing awareness.

Nutrition Assistant   2019-2020
Elder Care Facility

- Assisted in dietary assessments and meal planning for elderly residents.
- Supported staff in implementing nutrition care protocols and documentation.
- Provided educational resources on healthy eating habits for seniors.
- Participated in team meetings to discuss patient care strategies.
- Maintained accurate records of patient progress and dietary intake.
- Engaged in community outreach to promote better nutrition practices among seniors.

ACHIEVEMENTS

- Enhanced patient dietary compliance by 30% through effective education.
- Received commendation for excellence in geriatric nutrition services.
- Developed a nutrition guide for caregivers that improved meal planning practices.