



Michael ANDERSON

GERIATRIC NUTRITION CONSULTANT

Dedicated Clinical Nutrition Consultant with a strong focus on geriatric nutrition, possessing comprehensive experience in addressing the unique dietary needs of older adults. Demonstrated expertise in conducting in-depth nutritional assessments and formulating personalized meal plans that enhance quality of life and manage age-related health conditions. Proficient in collaborating with healthcare teams to ensure integrated care for elderly populations.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- Geriatric nutrition
- Dietary assessment
- Meal planning
- Caregiver education
- Interdisciplinary collaboration
- Community outreach

LANGUAGES

- English
- Spanish
- French

EDUCATION

**BACHELOR OF SCIENCE IN NUTRITION,
UNIVERSITY OF AGING STUDIES**

ACHIEVEMENTS

- Improved client health outcomes by 25% through tailored dietary interventions.
- Recognized for excellence in geriatric nutrition by the National Association of Nutrition Professionals.
- Implemented a successful nutrition education program for caregivers resulting in enhanced care practices.

WORK EXPERIENCE

GERIATRIC NUTRITION CONSULTANT

Senior Health Services

2020 - 2025

- Conducted nutritional assessments for elderly clients in assisted living facilities.
- Developed individualized dietary plans to address chronic health conditions.
- Collaborated with healthcare providers to enhance patient care strategies.
- Facilitated nutrition education sessions for staff and family members.
- Utilized food safety protocols to ensure meal quality.
- Monitored and evaluated client progress to adapt nutrition plans.

CLINICAL NUTRITION CONSULTANT

Golden Years Wellness

2015 - 2020

- Provided nutritional counseling to seniors, focusing on nutrient-dense diets.
- Designed meal plans that consider food preferences and dietary restrictions.
- Participated in interdisciplinary team meetings to discuss patient care.
- Conducted cooking demonstrations to encourage healthy eating habits.
- Developed educational materials on nutrition for older adults.
- Engaged in community outreach to promote awareness of geriatric nutrition.