



# MICHAEL ANDERSON

Mental Health Acupuncturist

Seasoned Clinical Acupuncturist with a strong focus on mental health and emotional well-being, bringing over 9 years of experience in integrating acupuncture into mental health treatment plans. Specialized in using acupuncture to support patients dealing with anxiety, depression, and PTSD. Committed to providing a safe, supportive environment where patients can explore their emotional and mental health challenges.

## CONTACT

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- San Francisco, CA

## EDUCATION

**Master of Acupuncture**  
Mental Health Integration Institute  
2016-2020

## SKILLS

- Mental Health
- Emotional Wellness
- Patient Collaboration
- Treatment Planning
- Compassionate Care
- Community Awareness

## LANGUAGES

- English
- Spanish
- French

## WORK EXPERIENCE

**Mental Health Acupuncturist** 2020-2023  
Insight Therapy Center

- Provided acupuncture treatments to support mental health recovery.
- Developed integrated care plans alongside therapists and psychiatrists.
- Conducted patient assessments to guide treatment decisions.
- Engaged patients in discussions about the benefits of acupuncture for mental health.
- Monitored treatment progress and made adjustments based on patient needs.
- Participated in workshops to promote holistic mental health practices.

**Acupuncturist** 2019-2020  
Holistic Mind Center

- Administered acupuncture for anxiety and stress relief in patients.
- Collaborated with mental health specialists to develop comprehensive plans.
- Educated patients about integrating acupuncture into their mental health journeys.
- Maintained thorough records to track patient progress and outcomes.
- Organized community events to raise awareness about acupuncture for mental health.
- Provided follow-up consultations to assess treatment effectiveness.

## ACHIEVEMENTS

- Increased patient retention rates by 25% through effective treatment engagement.
- Published articles on acupuncture's role in mental health recovery.
- Recognized for excellence in patient care by the Mental Health Association in 2023.