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SKILLS

- child psychiatry
- trauma-informed care
- attachment therapy
- family therapy
- community advocacy
- multidisciplinary collaboration

EDUCATION

DOCTOR OF MEDICINE (M.D.), CHILD PSYCHIATRY FELLOWSHIP, TRAUMA-INFORMED CARE CERTIFICATION

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Developed a community program that provided therapy for over 100 children affected by trauma.
- Presented at national conferences on the importance of trauma-informed approaches in child psychiatry.
- Recognized for excellence in patient care by the Trauma Recovery Association in 2021.

Michael Anderson

CHILD PSYCHIATRIST

I am a passionate Child Psychiatrist with 9 years of experience focused primarily on treating children with complex trauma and attachment disorders. My clinical practice is deeply rooted in trauma-informed care principles, which guide my interactions with both patients and their families. I have worked in both outpatient and inpatient settings, allowing me to adapt my therapeutic approaches to meet the varied needs of my clients.

EXPERIENCE

CHILD PSYCHIATRIST

Trauma Recovery Center

2016 - Present

- Provided trauma-informed assessments and treatment for children with complex trauma.
- Utilized attachment-based therapy to foster secure relationships with patients.
- Conducted family therapy sessions to address underlying issues impacting treatment.
- Collaborated with social workers and schools to coordinate care for traumatized children.
- Engaged in community outreach to raise awareness about the impact of trauma on children.
- Trained other mental health professionals on trauma-informed care practices.

CLINICAL THERAPIST

Healing Hearts Institute

2014 - 2016

- Conducted assessments and provided therapy for children experiencing attachment issues.
- Developed treatment plans focused on building resilience and coping skills.
- Facilitated workshops for parents on understanding attachment and trauma.
- Maintained comprehensive patient records to track progress and treatment outcomes.
- Collaborated with multidisciplinary teams to ensure holistic care.
- Participated in research initiatives to improve best practices in trauma treatment.