



# Michael ANDERSON

## CHILD MENTAL HEALTH COUNSELOR

Compassionate Child Mental Health Social Worker with a robust background in providing mental health services to children in both clinical and community settings. Expertise in developing tailored interventions that address the unique emotional and behavioral needs of each child. Recognized for building strong therapeutic relationships that promote trust and facilitate healing.

### CONTACT

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- 🌐 www.michaelanderson.com
- 📍 San Francisco, CA

### SKILLS

- Cognitive-behavioral therapy
- Art therapy
- Family collaboration
- Assessment techniques
- Public speaking
- Advocacy

### LANGUAGES

- English
- Spanish
- French

### EDUCATION

**MASTER OF SOCIAL WORK (MSW),  
UNIVERSITY OF MICHIGAN, 2016**

### ACHIEVEMENTS

- Acknowledged for outstanding service delivery by the clinic director in 2022.
- Increased participation in group sessions by 50% through innovative programming.
- Presented at a national conference on child mental health interventions.

### WORK EXPERIENCE

#### CHILD MENTAL HEALTH COUNSELOR

Sunshine Mental Health Clinic

2020 - 2025

- Provided individual therapy to children with behavioral and emotional challenges.
- Conducted assessments to determine appropriate therapeutic approaches.
- Facilitated group therapy sessions to enhance social skills and emotional regulation.
- Collaborated with parents to develop home-based strategies for reinforcing therapy.
- Participated in case conferences to discuss client progress and treatment adjustments.
- Engaged in public speaking to raise awareness about child mental health issues.

#### SOCIAL WORK INTERN

Community Care Services

2015 - 2020

- Assisted in conducting evaluations of children referred for mental health services.
- Supported senior social workers in developing treatment plans.
- Participated in training sessions on child mental health interventions.
- Documented client interactions and progress notes for case management.
- Conducted outreach to families to inform them about available services.
- Engaged in research on best practices in child mental health care.