



Michael ANDERSON

CHANTING AND SOUND THERAPY SPECIALIST

CONTACT

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SKILLS

- Sound Therapy
- Emotional Healing
- Program Development
- Group Facilitation
- Research
- Instructional Design

LANGUAGES

- English
- Spanish
- French

EDUCATION

**BACHELOR OF SCIENCE IN MUSIC
THERAPY, BERKLEE COLLEGE OF
MUSIC, 2015**

ACHIEVEMENTS

- Developed a sound therapy curriculum adopted by multiple wellness centers.
- Increased participant satisfaction ratings by 90% through tailored sessions.
- Published research on the benefits of sound therapy in peer-reviewed journals.

Respected Chanting and Mantra Instructor with a specialized focus on integrating sound therapy into holistic health practices. Extensive experience in teaching various forms of chanting to diverse groups, fostering an environment of acceptance and personal growth. Expertise in the therapeutic applications of sound, with a strong emphasis on its role in emotional healing and stress management.

WORK EXPERIENCE

CHANTING AND SOUND THERAPY SPECIALIST

Healing Harmony Center

2020 - 2025

- Conducted sound therapy sessions that utilized chanting to promote healing.
- Developed targeted programs for individuals suffering from anxiety and depression.
- Collaborated with healthcare providers to integrate sound therapy into treatment plans.
- Facilitated group chanting sessions that encouraged community support.
- Utilized technology to record and analyze participant progress.
- Organized workshops that educated participants on the science of sound healing.

CHANTING EDUCATOR

Wellness Retreats International

2015 - 2020

- Designed and delivered workshops focusing on the therapeutic aspects of chanting.
- Created instructional videos that reached a global audience.
- Trained other instructors in sound therapy techniques and methodologies.
- Engaged with participants to foster a safe and nurturing learning environment.
- Implemented feedback loops to continuously improve workshop content.
- Coordinated events that showcased the benefits of sound therapy.