



Phone: (555) 234-5678

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EXPERTISE SKILLS

- Mental Health Support
- Treatment Planning
- Group Therapy
- Crisis Intervention
- Client Education
- Interdisciplinary Collaboration

LANGUAGES

- English
- Spanish
- French

CERTIFICATION

- Master of Arts in Psychology, University of Texas, 2013

REFERENCES

John Smith

Senior Manager, Tech Corp
john.smith@email.com

Sarah Johnson

Director, Innovation Labs
sarah.j@email.com

Michael Brown

VP Engineering, Solutions Inc
mbrown@email.com

MICHAEL ANDERSON

MENTAL HEALTH CASE MANAGER

Innovative Case Worker with extensive experience in mental health support and rehabilitation services, bringing over 9 years of expertise in assisting individuals facing mental health challenges. Adept at designing and implementing individualized care plans that address both psychological and social needs. Proficient in utilizing evidence-based practices to promote recovery and enhance life skills among clients.

PROFESSIONAL EXPERIENCE

Mental Health Association

Mar 2018 - Present

Mental Health Case Manager

- Managed a diverse caseload of clients with various mental health diagnoses, providing tailored support.
- Conducted comprehensive assessments to develop individualized treatment plans.
- Facilitated group therapy sessions to encourage peer support and shared learning.
- Collaborated with psychiatrists and therapists to coordinate comprehensive care.
- Monitored client progress and adjusted care plans based on feedback and outcomes.
- Educated clients and families about mental health resources and coping strategies.

Rehabilitation Services Center

Dec 2015 - Jan 2018

Community Support Worker

- Provided support to individuals recovering from mental health issues, focusing on life skills development.
- Assisted clients in navigating community resources to enhance their independence.
- Organized wellness workshops that promoted mental health awareness.
- Documented client interactions and progress in compliance with organizational standards.
- Participated in interdisciplinary team meetings to discuss client care strategies.
- Implemented crisis intervention techniques to ensure client safety and well-being.

ACHIEVEMENTS

- Increased client engagement in treatment programs by 50% through innovative outreach efforts.
- Received the 'Best Practice Award' for excellence in mental health service delivery.
- Developed a community education program that reached over 300 individuals.