



# MICHAEL ANDERSON

## LEAD ADAPTIVE CANOEING INSTRUCTOR

### CONTACT

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### SKILLS

- Adaptive Instruction
- Recreational Therapy
- Program Development
- Community Engagement
- Leadership
- Safety Management

### LANGUAGES

- English
- Spanish
- French

### EDUCATION

**MASTER OF ARTS IN RECREATIONAL THERAPY, UNIVERSITY OF THERAPY AND RECREATION, 2017**

### ACHIEVEMENTS

- Increased participation in adaptive programs by 50% within two years.
- Awarded 'Instructor of the Year' for outstanding contributions to youth development, 2021.
- Implemented a mentorship program that improved retention rates among participants.

### PROFILE

Accomplished Canoeing Instructor specializing in youth engagement and adaptive paddling techniques. With a robust background in recreational therapy, expertise in creating inclusive programs that cater to individuals with diverse abilities is evident. Demonstrated success in fostering a sense of community and belonging through water sports, which cultivates personal growth and resilience among participants.

### EXPERIENCE

#### LEAD ADAPTIVE CANOEING INSTRUCTOR

##### Inclusive Waters Sports Foundation

*2016 - Present*

- Developed adaptive canoeing programs for individuals with disabilities.
- Trained staff on best practices for inclusive teaching methodologies.
- Conducted personalized assessments to tailor activities to each participant's needs.
- Organized community events to raise awareness about adaptive sports.
- Collaborated with occupational therapists to enhance program effectiveness.
- Evaluated participant feedback to continually improve program offerings.

#### CANOEING INSTRUCTOR

##### Youth Adventure Camp

*2014 - 2016*

- Instructed canoeing and water safety to children aged 8-16.
- Implemented engaging lesson plans that promoted teamwork and leadership.
- Conducted daily safety briefings and equipment checks.
- Led canoeing excursions that emphasized environmental awareness.
- Facilitated peer mentoring between older and younger campers.
- Managed and maintained all canoeing equipment and resources.