



Michael ANDERSON

MENTAL HEALTH OUTREACH COORDINATOR

CONTACT

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SKILLS

- youth engagement
- program facilitation
- curriculum development
- social media marketing
- community collaboration
- public speaking

LANGUAGES

- English
- Spanish
- French

EDUCATION

**BACHELOR OF ARTS IN CHILD
PSYCHOLOGY, UNIVERSITY OF
FLORIDA**

ACHIEVEMENTS

- Increased student participation in mental health workshops by 50% through innovative outreach techniques in 2021.
- Recognized for creating a peer mentor program that provided support to over 200 students.
- Secured community partnerships that expanded available resources for mental health support in schools.

Enthusiastic Behavioral Sciences Outreach Specialist with 4 years of experience in promoting mental health awareness in educational settings. Focused on developing youth-centered programs that empower students to understand and manage their mental health. Skilled in creating engaging educational content and facilitating workshops that resonate with young audiences. Committed to fostering a supportive environment where students can discuss their challenges and seek help.

WORK EXPERIENCE

MENTAL HEALTH OUTREACH COORDINATOR

Youth Wellness Project

2020 - 2025

- Developed and delivered interactive workshops on stress management and coping strategies for students in local high schools.
- Collaborated with school counselors to identify at-risk students and connect them with appropriate resources.
- Created digital content for social media platforms, increasing engagement by 70% among youth.
- Organized mental health awareness days, attracting over 1,000 students and parents.
- Conducted focus groups to gather student feedback on mental health needs and interests.
- Trained student ambassadors to promote mental health initiatives within their schools.

EDUCATIONAL PROGRAM ASSISTANT

Healthy Schools Initiative

2015 - 2020

- Supported the development of a comprehensive mental health curriculum for middle school students.
- Facilitated discussions in classrooms to encourage open conversations about mental health.
- Coordinated events promoting mental health resources available to families in the community.
- Assisted in the creation of promotional materials that effectively communicated mental health messages.
- Collaborated with educators to integrate mental health topics into existing programs.
- Participated in training sessions to enhance knowledge of youth mental health issues.