



MICHAEL ANDERSON

Trauma Behavioral Psychologist

Experienced Behavioral Psychologist with a focus on trauma-informed care, bringing over 9 years of experience in clinical settings. My work primarily centers on helping individuals who have experienced trauma to heal and rebuild their lives. I am adept at utilizing evidence-based therapies and am committed to creating a safe and supportive environment for clients.

WORK EXPERIENCE

Trauma Behavioral Psychologist 2020-2023

Healing Horizons Clinic

- Provided trauma-informed care to over 150 clients, enhancing their coping skills.
- Conducted comprehensive trauma assessments to guide treatment planning.
- Facilitated group therapy sessions that fostered peer support and healing.
- Collaborated with social workers to address clients' holistic needs.
- Developed educational materials on trauma awareness for community outreach.
- Monitored client progress, adjusting treatment plans as necessary.

Clinical Psychologist 2019-2020

Safe Haven Therapy Center

- Provided individual therapy focusing on trauma recovery, achieving a 70% improvement in client outcomes.
- Led workshops on trauma-informed practices for mental health professionals.
- Conducted assessments to tailor interventions for trauma survivors.
- Collaborated with community organizations to provide resources for trauma recovery.
- Produced research on trauma effects published in professional journals.
- Trained interns on trauma-informed care and ethical considerations.

ACHIEVEMENTS

- Reduced dropout rates in therapy by 35% through engaging client practices.
- Received a community service award for contributions to trauma recovery programs.
- Published research on trauma recovery strategies in prominent psychology journals.

CONTACT

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EDUCATION

Ph.D. in Clinical Psychology

University of North Carolina

2012

SKILLS

- Trauma-informed Care
- Group Therapy
- Assessment Techniques
- Community Education
- Treatment Planning
- Multidisciplinary Collaboration

LANGUAGES

- English
- Spanish
- French