



MICHAEL ANDERSON

Ayurvedic Wellness Coach

Dynamic Ayurvedic Physician with over 6 years of experience in holistic care and wellness management. My career has been dedicated to integrating traditional Ayurvedic practices with modern health care approaches to optimize patient outcomes. I have a strong background in herbal medicine, detoxification therapies, and lifestyle modifications. My focus is on treating chronic conditions while educating patients about the importance of preventative care.

CONTACT

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- San Francisco, CA

EDUCATION

Bachelor of Ayurvedic Medicine and Surgery (BAMS)

University
2016-2020

SKILLS

- Holistic care
- Wellness coaching
- Patient education
- Community engagement
- Herbal remedies
- Detox therapies

LANGUAGES

- English
- Spanish
- French

WORK EXPERIENCE

Ayurvedic Wellness Coach

2020-2023

Transformative Health Center

- Guided patients through personalized wellness programs based on Ayurvedic principles.
- Conducted thorough health assessments and developed treatment plans.
- Facilitated workshops on detoxification and healthy living.
- Collaborated with healthcare providers to ensure comprehensive patient care.
- Monitored patient progress and adapted plans as necessary.
- Educated patients on the benefits of Ayurveda in managing health.

Ayurvedic Practitioner

2019-2020

Wellness Clinic

- Provided Ayurvedic consultations and recommendations for herbal remedies.
- Engaged in patient assessments to determine health needs and goals.
- Organized community events to promote health awareness.
- Maintained patient records and tracked treatment efficacy.
- Participated in continuing education to stay updated on Ayurvedic practices.
- Supported clinic operations and patient engagement initiatives.

ACHIEVEMENTS

- Increased patient adherence to wellness programs by 40% through continuous support.
- Recognized for excellence in community health outreach initiatives.
- Successfully launched a health blog featuring Ayurvedic tips and recipes.