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SKILLS

- Patient education
- Community outreach
- Workshop facilitation
- Herbal medicine
- Lifestyle counseling
- Team support

EDUCATION

BACHELOR OF AYURVEDIC MEDICINE AND SURGERY (BAMS)

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Increased participant engagement in workshops by 50% through innovative programming.
- Recognized for contributions to community health initiatives and wellness fairs.
- Published articles on Ayurveda in local health magazines.

Michael Anderson

AYURVEDIC HEALTH EDUCATOR

Holistic Ayurvedic Physician with over 9 years of experience in clinical practice and patient education. I am passionate about the principles of Ayurveda and its role in enhancing overall well-being. My approach involves understanding the unique needs of each patient and crafting individualized treatment plans that incorporate herbal remedies, dietary changes, and lifestyle adjustments.

EXPERIENCE

AYURVEDIC HEALTH EDUCATOR

Community Wellness Center

2016 - Present

- Developed and implemented health education programs focusing on Ayurvedic practices.
- Conducted individual and group workshops on nutrition and lifestyle changes.
- Provided one-on-one consultations to address patient health concerns.
- Collaborated with local organizations to promote holistic health initiatives.
- Collected and analyzed patient feedback to improve educational offerings.
- Trained volunteers to assist with community outreach efforts.

CONSULTING AYURVEDIC PHYSICIAN

Ayurveda Health Clinic

2014 - 2016

- Provided Ayurvedic consultations and created personalized treatment plans.
- Utilized diagnostic techniques to assess patient health and progress.
- Engaged patients in discussions about their wellness goals and self-care.
- Participated in community health fairs to increase awareness of Ayurveda.
- Documented treatment outcomes and maintained comprehensive patient records.
- Supported clinic operations and contributed to team collaboration.