



# MICHAEL ANDERSON

Pediatric Ayurveda Therapist

Dedicated Ayurveda Wellness Therapist with a focus on pediatric wellness and family health. Expertise in adapting Ayurvedic principles to meet the unique needs of children and families. Committed to fostering a nurturing environment that promotes overall health and well-being. Skilled in conducting health assessments and developing age-appropriate treatment plans that address common childhood ailments.

## WORK EXPERIENCE

### Pediatric Ayurveda Therapist

2020-2023

Family Wellness Clinic

- Conducted health assessments for children using Ayurvedic diagnostic methods.
- Developed treatment plans tailored to pediatric health concerns.
- Educated families on nutrition and lifestyle choices for optimal health.
- Implemented family wellness workshops focused on Ayurveda.
- Collaborated with healthcare providers to address complex health issues.
- Monitored and documented children's health progress regularly.

### Ayurveda Family Educator

2019-2020

Holistic Family Health Center

- Conducted workshops on Ayurvedic practices for families.
- Developed educational resources for parents on child health.
- Promoted preventive care strategies through community outreach.
- Collaborated with schools to introduce wellness programs.
- Evaluated family health needs and provided tailored recommendations.
- Maintained detailed records of family consultations and outcomes.

## ACHIEVEMENTS

- Increased family participation in wellness programs by 70%.
- Developed a successful pediatric wellness initiative that improved health outcomes.
- Recognized for contributions to community health by local organizations.

## CONTACT

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## EDUCATION

### Bachelor of Science in Child Development

University  
2016-2020

## SKILLS

- Pediatric Wellness
- Family Health
- Health Assessments
- Nutrition Education
- Community Outreach
- Preventive Care

## LANGUAGES

- English
- Spanish
- French