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## SKILLS

- behavioral health
- digital interventions
- project management
- qualitative research
- user experience testing
- grant writing

## EDUCATION

**PH.D. IN PSYCHOLOGY, UNIVERSITY OF MICHIGAN**

## LANGUAGE

- English
- Spanish
- German

## ACHIEVEMENTS

- Developed a digital health tool that improved patient engagement by 50%.
- Recognized with the 'Best Research Paper' award at the International Behavioral Health Conference.
- Published multiple articles on digital health in top-tier psychology journals.

# Michael Anderson

## BEHAVIORAL HEALTH RESEARCH LEAD

Accomplished Applied Digital Health Researcher with a strong focus on integrating behavioral health and technology to improve patient engagement and outcomes. Adept at designing and conducting rigorous research studies that explore the intersection of mental health and digital health solutions. Recognized for developing innovative interventions that leverage technology to support behavioral health treatment and enhance patient self-management.

## EXPERIENCE

### BEHAVIORAL HEALTH RESEARCH LEAD

Mindful Technologies

2016 - Present

- Led research initiatives focused on the efficacy of digital tools in behavioral health treatment.
- Developed and tested mobile applications aimed at supporting mental health interventions.
- Collaborated with clinicians to integrate research findings into practice.
- Conducted qualitative interviews to gather insights from patients regarding digital health tools.
- Presented research outcomes to stakeholders to drive adoption of new technologies.
- Authored articles published in leading behavioral health journals.

### DIGITAL HEALTH RESEARCHER

Behavioral Insights Institute

2014 - 2016

- Conducted studies evaluating the impact of digital interventions on patient engagement in therapy.
- Utilized mixed-methods approaches to analyze data from digital health tools.
- Facilitated workshops to educate stakeholders on the benefits of digital health solutions.
- Collaborated with technology developers to enhance user experience in mental health applications.
- Prepared grant proposals that secured funding for innovative research projects.
- Presented findings at international conferences, contributing to the global dialogue on digital health.