



MICHAEL ANDERSON

Holistic Health Consultant

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SUMMARY

Dedicated and compassionate Alternative Healthcare Practitioner with over 8 years of experience in holistic health and wellness. I have a passion for helping patients achieve optimal health through natural therapies, including herbal medicine, acupuncture, and nutritional counseling. My extensive training in various modalities equips me to create individualized treatment plans that address both physical and emotional needs.

WORK EXPERIENCE

Holistic Health Consultant Wellness Center of Seattle

Jan 2023 - Present

- Developed personalized wellness plans incorporating herbal remedies and lifestyle modifications.
- Conducted over 300 client consultations, achieving a 95% satisfaction rate.
- Facilitated workshops on nutrition and stress reduction for community groups.
- Utilized diagnostic tools to assess health conditions and monitor progress.
- Collaborated with a multidisciplinary team to enhance patient care.
- Maintained accurate records of patient progress and treatment outcomes.

Acupuncture Practitioner Healing Touch Acupuncture

Jan 2020 - Dec 2022

- Performed acupuncture sessions focusing on pain management and emotional health.
 - Educated clients about the benefits of acupuncture and holistic health.
 - Created a welcoming environment that encouraged relaxation and healing.
 - Documented treatment outcomes and adjusted strategies based on patient feedback.
 - Engaged in community outreach to promote awareness of alternative therapies.
 - Participated in ongoing training to refine acupuncture techniques and strategies.
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EDUCATION

Master of Science in Acupuncture and Oriental Medicine, Bastyr University

Sep 2019 - Oct 2020

ADDITIONAL INFORMATION

- **Technical Skills:** Acupuncture, Herbal Medicine, Nutritional Counseling, Patient Education, Wellness Coaching, Holistic Therapies
- **Awards/Activities:** Successfully launched a community wellness program that served over 500 participants.
- **Awards/Activities:** Recognized as 'Practitioner of the Year' by the local holistic health association in 2020.
- **Awards/Activities:** Published articles in wellness magazines on natural healing methods.
- **Languages:** English, Spanish, French