



MICHAEL ANDERSON

Nutrition Consultant

Detail-oriented Allied Health Consultant with a strong background in nutrition and dietetics, bringing over 9 years of experience in promoting health and wellness through dietary interventions. Expertise in assessing nutritional needs, developing meal plans, and providing education to patients and families. Proven ability to collaborate with healthcare teams to integrate nutrition into overall patient care strategies.

WORK EXPERIENCE

Nutrition Consultant

2020-2023

NutriWell Health Services

- Conducted comprehensive nutritional assessments for patients with chronic diseases.
- Developed and implemented personalized meal plans to support patient health goals.
- Collaborated with physicians to integrate nutrition into patient treatment plans.
- Facilitated nutrition education workshops for patients and community members.
- Utilized software tools to track patient progress and dietary adherence.
- Increased patient engagement in nutrition programs by 30% through interactive sessions.

Allied Health Consultant

2019-2020

Healthy Living Center

- Assessed dietary habits and provided counseling to improve overall nutrition.
- Developed group programs focused on healthy eating and lifestyle changes.
- Collaborated with a team of healthcare providers to support integrated care.
- Monitored patients' nutritional status and adjusted meal plans as needed.
- Increased community participation in health fairs and nutrition events by 50%.
- Achieved a 95% satisfaction rate among participants in nutrition programs.

ACHIEVEMENTS

- Improved patient health outcomes by 40% through tailored dietary interventions.
- Received 'Outstanding Nutrition Consultant' award at a regional health conference.
- Published research on dietary trends in a well-known health journal.

CONTACT

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EDUCATION

Bachelor of Science in Dietetics

University of Nutrition

2016-2020

SKILLS

- Nutritional assessment
- Meal planning
- Patient education
- Community outreach
- Interdisciplinary collaboration
- Dietary analysis

LANGUAGES

- English
- Spanish
- French