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SKILLS

- Nutritional Assessment
- Meal Planning
- Client Education
- Chronic Disease Management
- Workshop Facilitation
- Team Collaboration

EDUCATION

**BACHELOR OF SCIENCE IN NUTRITION
AND DIETETICS, STATE UNIVERSITY**

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Increased patient adherence to dietary recommendations by 25% through effective counseling.
- Received 'Outstanding Service Award' for dedication to patient care.
- Published articles on nutrition in local health magazines to raise awareness.

Michael Anderson

CLINICAL DIETITIAN

Experienced Allied Health Care Practitioner with a focus on nutrition and dietetics, possessing over 7 years in clinical nutrition and wellness coaching. My passion lies in helping individuals achieve their health goals through personalized nutrition plans and lifestyle modifications. I have worked with diverse populations, including those with chronic illnesses, athletes, and weight management clients.

EXPERIENCE

CLINICAL DIETITIAN

Health and Wellness Center

2016 - Present

- Developed individualized nutrition care plans for patients, improving health outcomes by 30%.
- Conducted nutritional assessments and provided counseling for chronic disease management.
- Organized educational workshops on healthy eating and meal preparation.
- Collaborated with healthcare professionals to integrate nutrition into patient care.
- Monitored patient progress and adjusted meal plans based on feedback and outcomes.
- Maintained accurate documentation of patient interactions and care plans.

NUTRITION ASSISTANT

Community Health Clinic

2014 - 2016

- Assisted registered dietitians in developing nutrition education materials for clients.
- Conducted health screenings and gathered dietary history from patients.
- Helped facilitate nutrition workshops and cooking demonstrations.
- Provided support in meal planning for clients with dietary restrictions.
- Maintained inventory of nutrition supplies and equipment.
- Participated in community outreach programs to promote healthy eating.