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SKILLS

- Class Development
- Participant Engagement
- Community Events
- Music Selection
- Technology Utilization
- Safety Compliance

EDUCATION

BACHELOR OF SCIENCE IN EXERCISE SCIENCE, UNIVERSITY OF TEXAS, 2017

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Recognized for exceptional class delivery at NextGen Fitness in 2023.
- Increased overall class attendance by 50% through innovative programming.
- Successfully organized a community fitness day that attracted over 150 participants.

Michael Anderson

AEROBICS INSTRUCTOR

Innovative Aerobics Instructor with a strong background in fitness program development and execution, possessing over five years of experience in the industry. Known for creating engaging and diverse class formats that cater to various fitness levels and preferences. Committed to fostering a vibrant community atmosphere that encourages participation and personal growth.

EXPERIENCE

AEROBICS INSTRUCTOR

NextGen Fitness

2016 - Present

- Created diverse aerobics classes that appealed to different demographics.
- Utilized feedback to continuously refine class offerings.
- Engaged participants with innovative choreography and music selection.
- Organized fitness events that increased community involvement by 30%.
- Monitored participant progress through fitness tracking apps.
- Achieved a 95% satisfaction rate in participant evaluations.

ASSISTANT FITNESS INSTRUCTOR

Active Living Center

2014 - 2016

- Supported lead instructors in delivering high-energy aerobics classes.
- Assisted in the development of fitness programming for special populations.
- Conducted participant assessments to tailor class experiences.
- Promoted classes through social media and community outreach.
- Maintained a safe and welcoming environment for all participants.
- Achieved positive feedback from clients on class enjoyment.